

NURSE'S TOUCH

Reach for Sister Jenny's Jen-Til range of healing creams for quick relief of pain

MANY years of caring for others helped Sister Jenny, a healthcare professional specialising in aromatherapy and reflexology, create her first special cream 17 years ago to repair and regenerate damaged skin. Today, as then, people send in photographs

and testimonials extolling the virtues of her Jen-Til creams. From a young age her healing hands provided great comfort to her father who suffered from chronic backache. She went on to qualify as a nurse, gaining years of experience which led to the creation of her special range of soothing creams.

JEN-TIL SISTER JENNY'S MULTI-PURPOSE CREAM



LEFT: The pictures of a severe Staphylococcus skin infection show total healing after treatment for a few weeks with Jen-Til Sister Jenny's Multi-Purpose Cream.

After 15 years of working in a hospital Sister Jenny created her special formula called Jen-Til Multi-Purpose Cream, a natural healing and massage cream designed to repair and regenerate damaged skin.

The finest ingredients and purest essential oils are blended into the cream. It helps to restore skin's elasticity and texture from the moment you apply it and relieves itchy, dry and scaly skin. Its non-greasy formulation makes it ideal for men and women. The cream brings relief from sunburn and insect bites and helps to repair damage caused by over-exposure to the sun. It has also been

found to help in the healing of burns, open wounds and chilblains and diabetics report applying the cream relieves leg pains and circulation problems.

The Medical University of SA (Medunsa) has tested all Sister Jenny's creams to ensure they don't cause skin irritation. Several medical aid schemes have approved the creams, which are recommended by doctors, physiotherapists and podiatrists. They're cruelty-free and don't contain synthetic colouring or perfumes.

Sister Jenny recommends her Multi-Purpose Cream as a first-aid travel kit because it's good for bruises, burns, cuts, other injuries, blisters, bites, sunburn and sore feet.



For more info contact Sister Jenny at 083-592-8280.

JEN-TIL SISTER JENNY'S JOINT AND MUSCLE CREAM

Sister Jenny created this cream in response to many requests for a special product to relieve fibromyalgia (a disorder characterised by chronic pain in muscles and connective tissue), arthritis in hands, feet and knees

and shoulder injuries. Many who use Jen-Til Sister Jenny's Joint Cream report it restores mobility and relieves painful joints and muscle spasms, backache and shoulder tension, making it ideal for those working on computers.

Cyclists and marathon runners find Jen-Til Sister Jenny's Joint and Muscle Cream helps muscle pain, leg cramps and burning feet.

Sister Jenny teaches her Jen-Til Touch technique at corporate and community workshops and provides massages to athletes with disabilities at sports events.



JEN-TIL BABY CREAM

Jen-Til Sister Jenny's Baby Cream was created for babies and anyone with extremely sensitive skin. The cream is particularly recommended for babies with eczema, cradle cap (a skin condition that appears as oily, yellow or reddish scales or patches of skin flakes on a baby's scalp) and heat rash.

Go to www.jentiltouch.com for accounts from users who've found relief in Sister Jenny's Jen-Til creams. The full range is available at Pick n Pay Hyper and selected products at selected Clicks and Checkers stores. □